

Epidemic / Pandemic Stressometer Scale

Dr. Meena Kishore and Dr. Vinita Kochgaway

Interpretive Report

VIVEK PATIL
12 Mar 2024



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Particulars

Name **VIVEK PATIL**

Age **22**

Gender **MALE**

ID **1234**

Reason for Referral **--**

Assessor **VIVEK PATIL**

Disclaimer

This profile arises from self-report questionnaires which may have alterations/variation due to individual's actual level of motivation, interests, experience, values, abilities, skills, mood state etc. than the analysis in the report captured basis the responses shared at the time of testing. The report must be interpreted in the light of corroborating evidence gained during the clinical interview. The findings of this report should be professionally interpreted in the light of other information about the individual. This report may include sensitive information that is likely to be misinterpreted by those without the required training. Authorization for use of this report is limited to the examinee and their designated consultants. Any further use requires the authorization of the examinee or their legal guardian.

Introduction

This report is based on the subject's responses to the Epidemic / Pandemic Stressometer Scale. The report is presented in 2 sections; the first section provides comprehensive information about the respondent's composite Interpersonal Skills and their interpretation and the second section provides the subject's detailed profile on each of the 4 dimensions/sub-facets of personality and score interpretation.

Overview of the test

The Epidemic / Pandemic Stressometer Scale is an 80-item self-report measure which is used by adults to measure stress related to different infectious diseases. It can be used for understanding the impact of epidemics and pandemics among individuals 18 and above age group. It was developed by Dr. Meena Kishore and Dr. Vinita Kochgaway in 2021. This age group falls in the category of adults and they can appreciate the gravity of an epidemic or pandemic. It aims to measure stress related to four potential areas of an individual's life - (1)Isolation (2)Interpersonal relationships (3)Children (4)Finance.

Results

TOTAL SCORE	QUALITATIVE DESCRIPTOR
291	Moderate

SAMPLE

Epidemic / Pandemic Stressometer Scale (EPSS) it is developed to measure stress in case of any type of disease which spread in an epidemic or pandemic form. It is an inevitable part of human life which can be expressed by the manifestation of fear, anxiety, tension, worries etc. Higher the score more will be stress and lower the score lesser will be stress. Chronic stress increases the risk of developing loneliness, depression, panic attacks, psychotic symptoms and idea of suicide in individuals. The result on this scale will be quite helpful in careful monitoring and will support counselling interventions.

Total Score Interpretation

Stress Level_Moderate

The respondent has a score corresponding to Moderate on the Epidemic / Pandemic Stressometer Scale. The person shows a bit of worrying related to stress during this period of time, to manage everything for the individual being in a state of not able to see their loved ones due to the illness, the person sometimes keeps in touch about the status of people dying and suffering in a critical condition because of all this it puts the person in a bad condition or try to understand the situation of low-income people's of not being able to have the basic necessity like food. The person also needs to take care of the precaution of staying alone in the isolation for better health this puts the responsibility on the individual to manage everything. Not being able to meet family members or peer groups due to illness and maintaining distance for not getting infected, all create a fear of loneliness in the individual mind due to lack of communication. The financial issue also plays a major role in these circumstances, by thinking about the risk of security, with the thought of surviving but mostly the individual doesn't bother about it a lot. With all these issues which are been going on in the world, the parents get worried about their children and try to make them aware of the circumstances which have been going on in the world, the children who mostly suffer a lot. Not be able to do their daily activities, attend school or play with their peer group.

Item Responses

1	5	2	2	3	2	4	5
5	4	6	5	7	5	8	4
9	3	10	3	11	3	12	5
13	4	14	3	15	2	16	1
17	5	18	4	19	5	20	5
21	1	22	1	23	2	24	4
25	5	26	5	27	4	28	5
29	3	30	5	31	5	32	5
33	4	34	3	35	1	36	1
37	5	38	5	39	3	40	1
41	5	42	5	43	5	44	5
45	5	46	1	47	5	48	5
49	5	50	5	51	1	52	4
53	5	54	1	55	3	56	5
57	5	58	4	59	5	60	1
61	5	62	5	63	5	64	4
65	5	66	5	67	2	68	5
69	1	70	1	71	1	72	1
73	5	74	1	75	5	76	1
77	5	78	1	79	5	80	5

Impressions / Suggestions

Assessor Suggestions for the Report

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