

Emotional Intelligence Test

Dr. Ekta Sharma

Interpretive Report

VIVEK PATIL
12 Mar 2024



Copyright © 2022 by Prasad Psycho Private Limited. All rights reserved.
May not be reproduced in whole or in part in any form or by any means
without written permission of Prasad Psycho Private Limited.

Particulars

Name **VIVEK PATIL**

Age **22**

Gender **MALE**

ID **1234**

Reason for Referral **--**

Assessor **VIVEK PATIL**

Disclaimer

This profile arises from self-report questionnaires which may have alterations/variation due to individual's actual level of motivation, interests, experience, values, abilities, skills, mood state etc. than the analysis in the report captured basis the responses shared at the time of testing. The report must be interpreted in the light of corroborating evidence gained during the clinical interview. The findings of this report should be professionally interpreted in the light of other information about the individual. This report may include sensitive information that is likely to be misinterpreted by those without the required training. Authorization for use of this report is limited to the examinee and their designated consultants. Any further use requires the authorization of the examinee or their legal guardian.

Introduction

This report is based on the subject's responses on Emotional Intelligence Test (EIT). The report is presented into 2 sections; first section provides comprehensive information about the respondent's emotional intelligence and its interpretation and the second section provides subject's detailed profile on each of the 6 dimensions of emotional intelligence and score interpretation.

Overview of the test

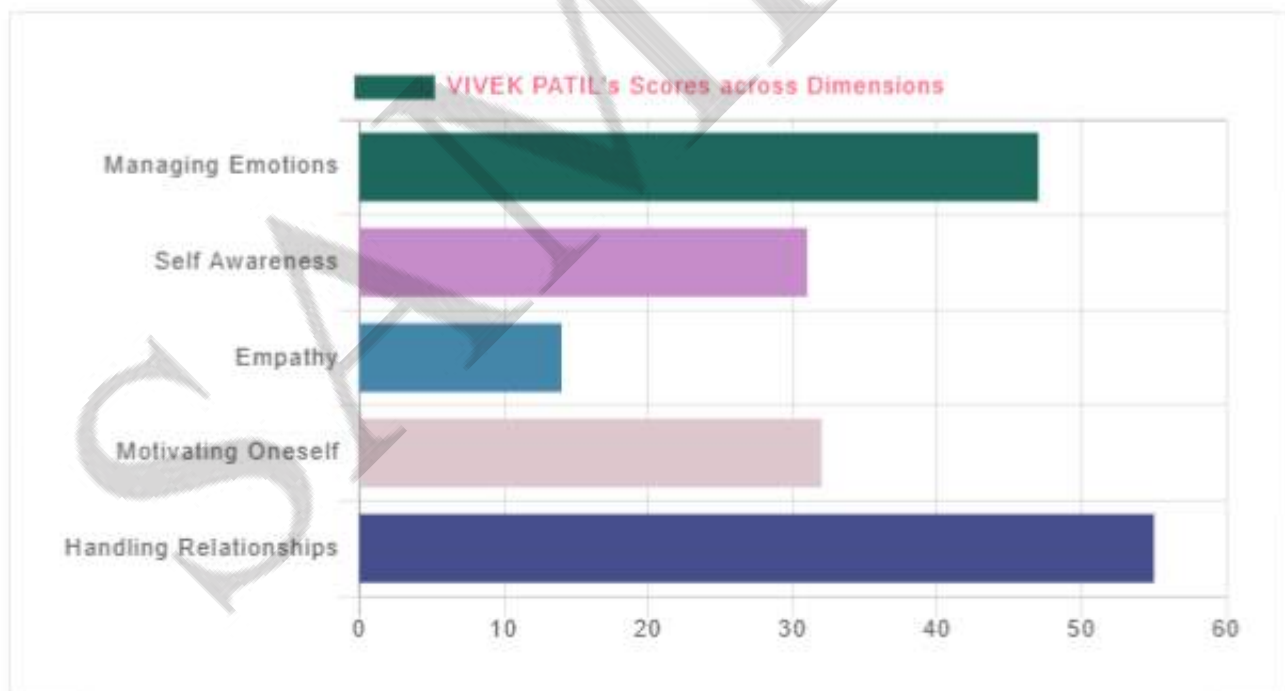
The Emotional Intelligence Test (EIT) is a 60-item questionnaire designed to measure the level of emotional intelligence in adolescents through scores on five dimensions - Self Awareness, Managing Emotions, Motivating Oneself, Empathy and Handling Relationships. It is a self-report, five-point Likert scale consisting of the following response options- always, most often, occasional, rarely and never. It is an effective tool for the measurement of emotional intelligence of adolescents and gives great insight into their patterns of thinking and interacting with their surroundings.



Results

TOTAL SCORE	QUALITATIVE DESCRIPTOR
179	Average

SUBSCALE	RAW SCORE	QUALITATIVE DESCRIPTOR
Managing Emotions	47	Average
Self Awareness	31	Below Average
Empathy	14	Average
Motivating Oneself	32	Average
Handling Relationships	55	Average



Emotional intelligence refers to the capacity of recognizing our own feelings and those of others, for motivating ourselves, and for managing emotions well inside us and in our relationships. It describes abilities distinct from, but complimentary to, academic intelligence--the purely cognitive capacities measured by Intelligence Quotient (IQ).

Total Score Interpretation

Average Emotional Intelligence

The respondent has an average score on Emotional Intelligence, limiting their ability in coping with negative emotions evoked in stressful situations. The individual tries to remain calm in a crisis, and make decisions sensitively, however finds it hard. They are able to understand the emotions of others. They have good relationships with some people, but others may be more difficult to work with. Mostly, the individual knows what to say make people feel better and inspire them to take actions. They aren't much resilient in the face of diversity. These individuals can perform with somewhat efficiency in leadership roles.

Dimension Wise Interpretations

Managing Emotions

47

Handling one's emotions so that they facilitate rather than interfere with the task at hand; being conscientious and delaying gratification to pursue goals; recovering well from emotional distress.

Score Interpretation

Average Managing Emotions

The respondent has a score which corresponds to Average level of ability in Managing Emotions indicating a balanced level of awareness of one's emotions and where they are coming from in their life. The person can also manage and control these emotions but minimally, which helps them to take the correct decision while controlling their anger, sadness and anxiety. Individuals having this score can sometimes struggle with negative feedback and may find it difficult to come around at a constructive point of view about themselves. The person can have confusion arising due to conflicting emotional response sometimes but does not cause him/her any distress.

Self Awareness

31

Knowing what one is feeling at the given moment, and using those preferences to guide their decision making; having a realistic assessment of their abilities and a well-grounded sense of self confidence

Score Interpretation

Below Average_Self Awareness

The respondent has obtained a score which corresponds to Below Average level of Self Awareness. The individual is unaware of their feeling at the moment, resulting in poor decision making. The individual has an unrealistic assessment of their own abilities and a poor self-confidence. Individuals with below average self awareness are less aware of one's surroundings. They have a poor sense of judgement when it comes to their emotions and capabilities. They struggle to recognize or understand what is going on with them which can often result in low self esteem for them. They find it difficult to understand how people perceive them and might struggle with unfulfilling social relationships.

Empathy

14

Sensing what people are feeling, being able to take their perspective, and cultivating rapport and attunement with a broad diversity of people.

Score Interpretation

Average_Empathy

The respondent has a score corresponding to a Average score on empathy indicating that the subject listens and understands the point of view of others well but not always. People with these scores are active and like to interact with people. The individual fulfills these criteria and is interested in the day-to-day activities of people; but can also be unhelpful and insensitive towards them sometimes. There is a reluctance in these people when it comes to trusting others however, they can be quite compassionate and understanding sometimes. The individual forms fulfilling relationships with others but can sometimes struggle to understand the cause of someone's actions and behaviours.

Motivating Oneself

32

Using someone's deepest preferences to move and guide themselves towards their goals, to help them take initiative and strive to improve, and to persevere in the face of setbacks and frustrations.

Score Interpretation

Average_Motivating Oneself

The respondent has a score corresponding to an Average level of ability in motivating oneself or self motivation indicating a balanced level of self-esteem, happiness, passion for life and success which has a balanced impact in the respondent's life in the later stage. The individual fulfills these criteria and holds an adequate level of time management skills, an average level of confidence and organizational skills. The desire to do things is low and they rarely take the initiative to do something new. The person is likely to dwell on their failures for a long time and find it hard to focus on improvement of the methods that might help or to restarting the task at hand but not to an extent that might be detrimental to their well-being.

Handling Relationships

55

Handling emotions in relationships well and accurately reading social situations and networks; interacting smoothly; using these skills to persuade and lead, negotiate and settle disputes for cooperation and teamwork.

Score Interpretation

Average_Handling Relationships

The respondent has a score corresponding to Average on Handling Relationships indicating that the subject has a balanced capacity to understand about others' feelings and read social situations. Such people mostly have pleasant social interactions with others and their communication skills are good enough to understand what others are trying to share with him/her. The individual fulfills these criteria and comprehends what others are saying well which people tend to appreciate. They can however struggle to communicate their emotions in a group setting sometimes but usually excel in networking for leadership, teamwork for socially useful purposes.

Item Responses

1	5	2	2	3	4	4	3
5	5	6	4	7	1	8	3
9	2	10	2	11	2	12	5
13	3	14	1	15	4	16	1
17	5	18	2	19	2	20	3
21	1	22	4	23	5	24	1
25	4	26	1	27	3	28	3
29	2	30	4	31	2	32	5
33	4	34	1	35	4	36	2
37	2	38	3	39	4	40	3
41	5	42	4	43	1	44	1
45	5	46	2	47	2	48	4
49	3	50	3	51	1	52	1
53	2	54	5	55	5	56	5
57	3	58	4	59	4	60	2

Impressions / Suggestions

Assessor Suggestions for the Report

Urgraph/Privas h

SAMPLE